



## Post-Procedural Care for Venus Legacy Treatments

### Introduction to Post-Procedural Care for Venus Legacy Treatments:

The post-care instruction booklet has been created to help prepare you for care after your treatment in the clinic is complete. Following these instructions will maximize your aesthetic outcome. As you discovered from our informed consent booklet and your discussion with most potential complications tend to be minor and can be effectively managed if we are notified promptly. Please read this booklet carefully, initial each page, and sign the last page to indicate you have read and fully understood its contents.

### Post-Procedure Care for Venus Legacy: DAY 1 TO 7

The healing time for any given treatment varies between different clients. The following represents the general recovery phases you might expect. Individual clients may experience variations from this course.

- **Swelling/Discomfort/Redness:** Swelling of your wrinkles occurs immediately. While it is possible for patients to experience swelling in the under-eye area for the first day, this swelling will subside. For the first 3 hours, there will be redness and slight heat emanation from the treated area - this is a normal part of your body's natural healing response. It is unusual to experience severe or excessive pain, as well as any bruising; let us know if this occurs.
- **Activity:** Post-treatment redness is mild, and you may return to regular activities immediately. You may experience mild heat emanating from the treated area. This is a normal part of the body's natural healing response. Do not apply ice or cooling compresses.
- **Moisturizer:** Moisturizer should be applied regularly throughout the course of your treatment series, and it may be applied immediately after each treatment.
- **Make-Up:** Make-up can be applied immediately after each treatment. Do not sleep with makeup on the treated area. It is important to remove all make-up that is applied to the skin at night.
- **Avoiding the Sun:** Avoiding direct sun should become a permanent component of your long-term skin care program. Always use a broad-spectrum sunscreen of SPF 30 or greater, even on cloudy days, regardless of season.
- **Long-Term Skin Care:** In addition to avoiding direct sun exposure, we suggest all clients use long-term skin care that prioritizes the youthful, rejuvenated appearance you have achieved. We offer clients a program for long-term facial skin maintenance. This unique program offers state-of-the-art skin maintaining and rejuvenating creams that are only available and administered by our medical team.

- Home Regime: To enhance the results of the treatments, we recommend that you maintain a healthy and active lifestyle. Gaining weight during your treatment series could compromise your end results.
- Infection: Infection may be present if you notice: (i) Increased (rather than decreasing) facial swelling after the first 24 - 36 hours. (ii) Redness spreading beyond the area of resurfacing, that is warm and tender to touch.

**Acknowledgement and Release for Venus Legacy Post-Procedural Care:**

I have had an opportunity to review the Venus Legacy Post-Procedural Care Instruction Booklet. I understand the items it contains on each page. I have been given an opportunity to ask any questions regarding these instructions and have had these questions answered to my satisfaction. I understand that my cosmetic outcome may be compromised, or a complication may ensue by: 1. Failure to attend any scheduled post-procedural visit. 2. Failure to follow post-procedural care instructions. 3. Failures to report symptoms or signs that are unusual or concerning.

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Print Patient Name Here	Patient Signature
Date	Witness

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