



Post-Procedural Care for Tri-Modality Total Facial Therapy or (TriBella)

Introduction to Post-Procedural Care for Tribella Treatments:

The treatment you have selected is Venus Versa Tri-Modality Total Facial Therapy or (TriBella). Three modalities, one powerful treatment, featuring IPL for photorejuvenation, pigmentation, and vascular lesions; a diamond polar (MP2 technology) applicator for enhanced collagen and elastin production; a Nanofractional RF applicator that improves the appearance of textural skin conditions. The post-treatment care instruction booklet has been created to help prepare you for care following your treatment in the clinic. Following these instructions will maximize your aesthetic outcome. As you discovered from our Informed Consent Booklet and your discussion with Valeriya Life Staff, The potential complications tend to be minor and can be effectively managed if your treatment provider is promptly notified. Please read this booklet carefully and sign the last page to indicate you have read and fully understood its contents. In the rare instance that you are unable to contact with a post-treatment care concern, and you feel it is of an urgent nature, please proceed to the emergency room of your nearest hospital.

Post-Procedural care for TriBella Treatments: DAY 1-7

The healing time for any given treatment varies between clients. The following represents the general recovery phases you might expect. Individual clients may experience variations from this course.

- Pigment IPL Treatments: Browning or darkening of the skin pigment, purplish or black tints to a dark pigment, as well as crusting of the pigmented area over a few days, may all occur as part of normal post-treatment healing. Crusting will flake off, and while erythema (redness) and edema (swelling) may also appear, these symptoms will resolve in 3 to 7 days.
- Vascular Lesion IPL Treatments: Blanching, greying, or a deep purple tinting or blackening of the vessel may occur over the course of a few days as the damaged tissue will be broken down and absorbed. This may last approximately 3 to 7 days.
- Swelling/Discomfort/Redness: Swelling of your wrinkles occurs immediately. Significant swelling and redness of the treated areas and untreated parts may occur following your procedure and will be maximal at 24-48 hours post treatment. To minimize swelling, keep your head elevated. It is not uncommon for clients to experience under-eye swelling for the first 1 to 2 days, but this swelling will subside. There will be redness and slight heat emanating from the treated area for the first 24 hours, akin to a mild sunburn. It is unusual to experience severe or excessive pain, as well as any bruising; you should notify your treatment provider if this occurs. Tiny scabs will usually be formed 24-72 hours post-treatment and may remain for several days. The scabs should not be touched or scratched, even if they itch and should be allowed to shed off naturally.

- **Activity:** Some mild discomfort may occasionally follow treatment. You may return to regular activities immediately. It is advised that you avoid hot baths, saunas, Jacuzzis, and pools for the first two days following treatment, as the bacteria common to these environments could cause an infection. Some minor heat emanating from the treated area is normal, but please do not apply ice or cooling compresses, as that heat is the body's natural healing response.
- **Moisturizer:** For the safest clinical outcomes, it is advised to apply nothing on the treated skin for the first 24 hours. Thereafter (24 hours post-treatment and onward) moisturizer may be applied.
- **Make-up:** After 24 hours, most patients are able to apply makeup to hide the pinkness of the skin. It is important that you remove all makeup that is applied to the skin at night. Do not sleep with makeup on the treated area.
- **Avoiding the Sun:** Avoiding direct sun light should become a permanent component of your long-term skin care program. Always use a broad-spectrum sunscreen of SPF 30 or greater beginning 24-48 hours after the skin has fully healed. Treatment areas should not be exposed to sunlight, tanning beds or artificial sunless tanning lotions throughout the course of the treatment program.
- **Skin Care:** In addition to avoiding direct sun exposure, we suggest all clients use long-term skin care that prioritizes the youthful, rejuvenated appearance you have achieved. We offer clients a program for long-term facial skin maintenance. This unique program offers state-of-the-art skin maintaining and rejuvenating creams that are only available and administered by our medical team.

Warning Signs

The following are some of the symptoms that should alert you to the possibility of an impending or existing complication and you should contact the clinic:

- **Infection:** Infection may be present if you notice: (i) Increased (rather than decreasing) facial swelling after the first 24 - 36 hours. (ii) Redness spreading beyond the area of resurfacing, that is warm and tender to touch.

Acknowledgement and Release for Fractional RF Post-Procedural Care

I have had an opportunity to review the Venus Versa™ TriBella™ Post-Procedural Care Instruction Booklet. I understand the items it contains and have initialed each page. I have been given an opportunity to ask any questions regarding these instructions and have had these questions answered to my satisfaction. I understand that my cosmetic outcome may be compromised, or a complication may ensue by: 1. Failure to attend any scheduled post-procedural visit, 2. Failure to follow post-procedural care instructions, and 3. Failures to report symptoms or signs that are unusual or concerning.

Print Patient Name Here Patient Signature

Date Witness

